## 10 <br> MAJOR ILS <br> MEASUREMENTS

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M
MAJOR ILS
NAME :
EMAIL

1. Length between mid-shoulder and wrist $\square$
2. Length from armpit to wrist $\square$ cm
3. Length between one mid shoulder and the other $\square$
4. Chest circumference $\square$
5. Length between top of shoulder to waistline $\square$
6. Waist circumference $\square$ cm
7. Length from waistline to mid knee $\square$
8. Hips circumference $\square$
9. Length between waistline and ankle

10. Length from top of shoulder to below ankle

11. Upper arm circumference $\square$
12. Length from the top of the backbone to the bottom
13. Wrist circumference $\square$
14. Thigh circumference $\square$ cm
15. Length between top of inner leg to ankle $\square$

I hereby validate the above measurements and take full responsibility should there be an error in this information. I understand that a refund shall not be issued in the event of faults in the measurements I have entered.
$\qquad$ SIGNATURE: $\qquad$

